



Nendrum
College
COMBER



DARRAGH ROAD, COMBER, CO DOWN, BT23 5BX

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Principal: Mr A. Walker, B.Ed., M.Ed.

30 January 2026

Health Fair Thursday 19 February 2026

Dear Parent/Guardian

We are delighted to invite you to attend a Health Fair at the College on Thursday 19th February 2026. The event will run from 14:45 to 16:30.

This isn't just another school meeting. This is a dedicated space for you to connect with experts, ask the "tough" questions, and gather a toolkit of resources to help your child thrive. With the challenges of modern teenage life often complex, **your attendance is vital** in ensuring we are all on the same page.

We have brought together a range of local organisations who currently deliver to our students.

- **Emotional Well Being Team in Schools:** Focused on enhancing mental health and resilience.
- **Cara-Friend:** Offering guidance on LGBTQ+ inclusive support and identity.
- **Common Youth:** Experts in sexual health and healthy relationship education for young people.
- **Bangor Alternatives:** Focused on community safety, restorative justice, and youth resilience.

We want this to be an informal, welcoming, and empowering afternoon. Whether you are currently facing specific challenges or simply want to be proactive for the years ahead, there is something here for every family.

Please note this afternoon is specifically for parents/guardians and not students.

We look forward to seeing you there and working together to support our students.

Please indicate whether you can attend using the link below.

https://docs.google.com/forms/d/e/1FAIpQLScc343-2CJNrt4kldSTVPKiRjSI6s_8E55zLsy5cYyc_FcUeQ/viewform?usp=publish-editor

Kind Regards

Mr R Williams
Senior Teacher
Character and Currency